

## Chapter 11

# Answer Key for Double-Check Questions

1. *Why are human beings called to holiness?*

Because each one of us is made in God's own image and likeness, all human life is sacred and potentially holy. However, our personal holiness is not a given; each of us must cooperate with God's grace to become the holy person God intends us to be.

2. *What are some of God's gifts that can help us grow in holiness?*

The gifts of intellect and free will allow us to make good choices. Sanctifying grace and actual grace help heal and encourage us. We have the ability for self-reflection that can strengthen our conscience. The Church is also there to support and guide us.

3. *List some of Jesus' key teachings.*

Be humble; do not judge; embrace sinners; forgive others; love everyone, especially enemies; do not let money lead you astray; care for those in need; serve others and be willing to make sacrifices in order to do so; dedicate yourself to God.

4. *Why are mystical experiences difficult to explain?*

Mystical experiences are hard to explain because they are typically spiritual events that are neither apparent to the senses nor obvious to the intellect. Still, this doesn't make a mystical experience any less real.

5. *What is mysticism?*

Mysticism refers to intense experiences of the presence and power of God, resulting in a deeper sense of union with God.

6. *What is a sacrament?*

A sacrament is an outward, visible expression of God's invisible grace that plays an essential role in connecting us with God.

7. *How do the Sacraments of Initiation bring about union among humanity and between humanity and God?*

The Sacraments of Initiation bring us entrance into the Church and make us one with the community and God. Baptism makes us members of the Body of Christ, and Confirmation brings us into full communion with the Church. When we the faithful receive the Eucharist, we are brought into union with Christ.

